

## CLIENT RIGHTS AND RESPONSIBILITIES

WELCOME: We want to orient each new client to the philosophy and policies of our counselors. Feel free to ask any questions about this information.

NONDISCRIMINATION: Counselors respect diversity and may not discriminate against clients.

CONFIDENTIALITY: Everything concerning any adult client that happens here, including the fact that you are here, is absolutely confidential. The exceptions are if you sign a written release, if you are deemed a threat to self or others, if a report of suspected abuse and neglect is filed, or if we are court ordered. Counselors must report to the proper authorities all cases where there is reasonable cause to believe that a minor or vulnerable adult is neglected or physically or sexually abused. (North Dakota Century Code 12.1-20-03).

## CLIENT RIGHTS

- To be treated with respect, courtesy and professional competence.
- To have a voice in selecting treatment methods and duration of counseling.
- To be referred to other professionals, if needs warrant a referral.
- To be granted absolute confidentiality, with only the noted exceptions.

## CLIENT RESPONSIBILITIES

- To participate actively and honestly in counseling, contributing all relevant information.
- To disclose any other therapeutic relationships, to prevent conflicts.
- To be willing to consider new ways of looking at problems and giving alternatives a fair chance.
- To minimize or abstain from alcohol/chemical use as suggested by the counselor.
- To comply with treatment recommendations or discuss non-compliance.
- To respect the privacy of other persons served by Clarity Counseling.
- To understand that service agreement is terminated if no contact is made for 30 days.

COUNSELORS: Counselors associated with Clarity Counseling are Licensed Professional Counselors (LPCs) or Licensed Professional Clinical Counselors (LPCCs), with a Masters degree in Counseling. Each counselor is a sole proprietor operating under the business name of Clarity Counseling.

INSURANCE: LPCs do not bill insurance and have found that insurance companies generally do not cover their services. LPCs try to keep their rates affordable to avoid insurance issues. LPCCs will bill insurance for you at your request if they are a provider with your insurance company. You should know that if services are covered, a diagnosis and considerable paperwork are usually required and remain part of your permanent medical record. Out of Pocket payment allows the most confidential and flexible treatment planning and delivery of services. If you have any questions about insurance, please talk with your counselor. If you are planning to seek reimbursement through your insurance company, it is your responsibility to understand the coverage of mental health services under your policy.

(Over)



## **FEE POLICY**

Counseling 1. Individuals 2. Couples 3. Families	LPC \$100.00 \$120.00 \$120.00	LPCC \$150.00 \$150.00 \$150.00
*Group Counseling 1. Spirituality 2. body Image 3. Life Management 4. Self-Esteem 5. Support Group	(10 sessions) (12 sessions) (open ended)	\$75 per week \$75 per week \$400 for program \$75 per week \$40 per week
Workshops 1. Spirituality 2. Body Image	(3-hour experience) (3-hour experience)	\$75 for workshop \$75 for workshop
All fees are due and payable at time of service unless other arrangements are made. Payments beyond 30 days past due may incur a 5% late fee. A \$25.00 fee will be applied to all NSF checks. In the event your account is not paid in full, Clarity Counseling reserves the right to submit unpaid balances to a debt collection agency. Rates are subject to change.		
*Once members have entered groups, they are responsible for the full program cost. We will be unable to give refunds should members choose not to complete the program.		
Signature:		Date: